March 21, 2017

Dear Counselor,

I am writing to inform you of a special event that is pertinent to some of the students with whom you work. I am a member of a local group of advocates in Stafford Springs for Realize Your Beauty, Inc.

Realize Your Beauty® (RYB) promotes positive body image and eating disorder awareness by way of the theatre arts. The organization strives to promote positive self- regard and image. RYB encourages students to love themselves exactly as they are and to believe in what makes them special and unique. To learn more about Realize Your Beauty visit the RYB website at <u>realizeyourbeauty.org</u>

As RYB advocates, our group is hosting an event:

April 28, 2017, from 7-9 pm, at the Stafford Community Center, Buckley Hwy, Stafford Springs, CT. This event is free and is geared towards adolescents in grades 5th through 12th

The theme of the event is Gratitude.

Gratitude for who you are, what you have, and who you can become.

We are extending this invitation to surrounding towns and hope you can help identify any individuals who could benefit from this event.

Invitations will be sent to your attention at the beginning of April. Please offer them to students. For additional invitations and additional information, please contact Georgia Michalec at 860-684-9500.

Thank you for your assistance and encouragement.

Best regards, Lanua Slad W

Tania Sladek