

Hope for our Children: Signs, Symptoms, and Strategies to Support Mental Health

Sponsored by the four Connecticut Chapters of Phi Delta Kappa
Saturday, September 26, 2015 from 9:00 AM to 1:00 PM

A Panel Discussion for Educators and Parents featuring:

Joyce Saltman, retired professor from SCSU. She holds four graduate degrees in Special Education and Counseling. Joyce will focus on strategies for dealing with students with special needs.

Regina Kosier, school psychologist in Wallingford. Regina utilizes the Devereux Student Strengths Assessment (DESSA), a standardized, norm references behavior rating scale that assesses the social-emotional competencies that serve as protective factors for children in kindergarten through grade eight.

Chris Brown, director of pupil services in Cheshire. Chris will focus on mental health topics and current practices including adolescent development.

Shawna Holzer, MSM, is the senior director of programs at Sound Community Services. Shawna will focus on what we can do to help children and resources available to us.

Closing Remarks:

Judy Murray, RN, mental health advocate, "Hearing Voice Network" facilitator, member of Connecticut Suicide Prevention Board. Judy will speak about past traumas, spiritual emergencies and useful strategies to replace the traditional "medical model" for mental pain.

Agenda for the day:

9:00 - Registration

9:30 - 9:45 - Greetings from our host from CCSU: Dr. Glynis Fitzgerald, Associate Vice President for Academic Affairs and Dean of Graduate Studies

9:45 - 10:45 - panel discussion

10:45 - 11:00 - break

11:00 - 12:00 open discussion

12:00 lunch

12:30 - 1:00 closing remarks

Open to PDK members and non-members. Bring a friend or two. We do have limited seating capacity so please register early.

\$25.00 registration fee includes lunch

FAQs

What are my parking options getting to the event?

Memorial Hall, where the meeting will be held, is a large white building across from the Student Center. Use the east entrance on the side only for access to the Connecticut Room or follow signs for it. Do not use the building's main entrance to the

campus dining room. A coat room is on the right of the meeting room. Parking for PDK members will be available in the Vance Garage, located off Paul Manafort Drive and near Memorial Hall, the day of the statewide meeting.

Registration is online at <http://mentalhealthworkshoppdk.eventbrite.com>
