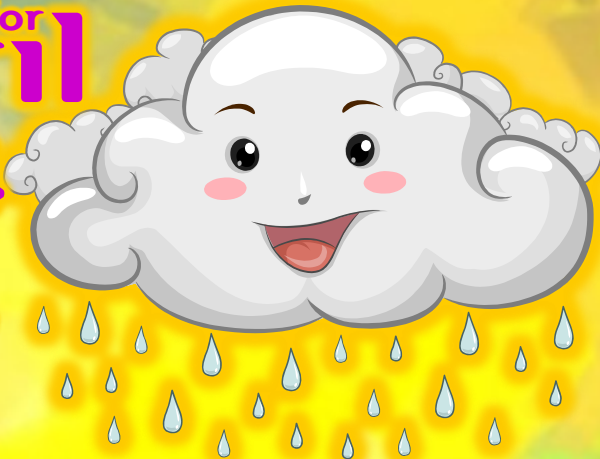


Menus for April 2024

Tolland Intermediate School



Available Daily

All Lunches include:
Rainbow Fruit Tray
Rainbow Vegetable Tray,
Ice Cold Flavored
or White Milk

Students must choose a fruit or vegetable to make a complete meal
Ala Carte Milk is .75

MEAL PRICES

BREAKFAST - FREE FOR ALL STUDENTS

LUNCH - \$3.15
Free for all students eligible for free OR reduced priced meals

This institution is an equal opportunity provider. Menus are subject to change.



Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Chicken Drumstick with a grain side	Cheese Pizza	Chicken Nuggets with a grain side	Asian Chicken with Rice	McTIS Burger
Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich
Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese

10 WAYS KIDS CAN HELP THE EARTH

1. Conserve water
2. Save electricity
3. Keep your leftovers
4. Recycle
5. Care for animals & insects
6. Don't waste paper
7. Pick up trash
8. Walk when you can
9. Try composting
10. Keep learning about earth & how you can help!

BBB

April 8th-12th SPRING BREAK!



Breakfast Available 8:30-8:50

FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered including one fruit or fruit juice:

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes, or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.

<p>Monday, April 15</p> <p>Cheese Pizza</p> <p>Cheeseburger on a Soft Bun</p> <p>Yogurt & Cereal Plate with String Cheese</p>	<p>Tuesday, April 16</p> <p>Dutch Waffle</p> <p>Cheeseburger on a Soft Bun</p> <p>Yogurt & Cereal Plate with String Cheese</p>	<p>Wednesday, April 17</p> <p>Mini Ravioli</p> <p>Cheeseburger on a Soft Bun</p> <p>Yogurt & Cereal Plate with String Cheese</p>	<p>Thursday, April 18</p> <p>Popcorn Chicken with a grain side</p> <p>Cheeseburger on a Soft Bun</p> <p>Yogurt & Cereal Plate with String Cheese</p>	<p>Friday, April 19</p> <p>Cheese Filled Twisted Breadstick</p> <p>Cheeseburger on a Soft Bun</p> <p>Yogurt & Cereal Plate with String Cheese</p>
<p>Monday, April 22</p> <p>Chicken Nuggets with a grain side</p> <p>Hot Dog on a Bun</p> <p>Yogurt & Bagel Plate with String Cheese</p>	<p>Tuesday, April 23</p> <p>Asian Chicken with Rice</p> <p>Hot Dog on a Bun</p> <p>Yogurt & Bagel Plate with String Cheese</p>	<p>Wednesday, April 24</p> <p>EARLY RELEASE</p> <p>Cheese Pizza</p> <p>Hot Dog on a Bun</p> <p>Yogurt & Bagel Plate with String Cheese</p>	<p>Thursday, April 25</p> <p>Pancakes with Chicken Sausage</p> <p>Hot Dog on a Bun</p> <p>Yogurt & Bagel Plate with String Cheese</p>	<p>Friday, April 26</p> <p>Macaroni & Cheese</p> <p>Hot Dog on a Bun</p> <p>Yogurt & Bagel Plate with String Cheese</p>
<p>Monday, April 29</p> <p>Mini Corn Dog Nuggets</p> <p>Cheese Pizza</p> <p>Yogurt & Muffin Plate with String Cheese</p>	<p>Tuesday, April 30</p> <p>Pasta with Meat or Plain Sauce</p> <p>Cheese Pizza</p> <p>Yogurt & Muffin Plate with String Cheese</p>	<div data-bbox="1413 1076 2003 1572" data-label="Image"> </div> <div data-bbox="1732 1161 1984 1510" data-label="Text"> <p>Brain Ticklers</p> <p>Where do baseball teams get their new uniforms?</p> <p>(Hold the page upside down and read it in a mirror for the answer!)</p> </div>		