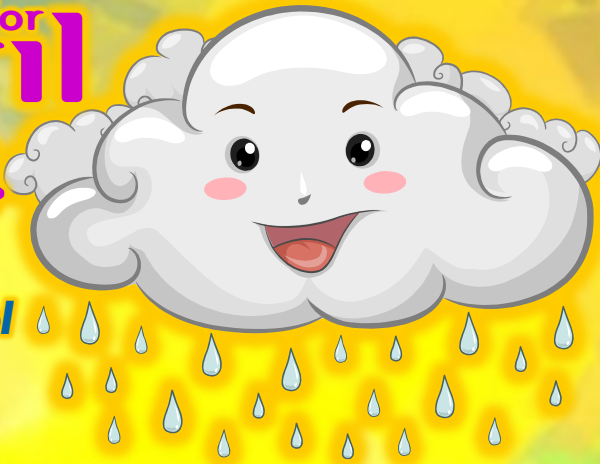


# Menus for April 2024

Birch Grove Primary School



*Available Daily*

**All Lunches include:**  
**Rainbow Fruit Tray**  
**Rainbow Vegetable Tray,**  
**Ice Cold Flavored**  
**or White Milk**

*Students must choose a fruit or vegetable to make a complete meal*  
**Ala Carte Milk is .75**

## MEAL PRICES

**BREAKFAST - FREE FOR ALL STUDENTS**

**LUNCH - \$3.15**  
**Free for all students eligible for free OR reduced priced meals**

This institution is an equal opportunity provider. Menus are subject to change.



Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Chicken Drumstick with a grain side	Cheese Pizza	Chicken Nuggets with a grain side	Asian Chicken with Rice	Wild Mike's Pizza Bites with Sauce
Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich
Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese	Yogurt & Bagel Plate with String Cheese

**10 WAYS KIDS CAN HELP THE EARTH**

1. Conserve water
2. Save electricity
3. Keep your leftovers
4. Recycle
5. Care for animals & insects
6. Don't waste paper
7. Pick up trash
8. Walk when you can
9. Try composting
10. Keep learning about earth & how you can help!

BBB

# April 8th-12th SPRING BREAK!



## Breakfast Available 8:40-9:00

### FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered including one fruit or fruit juice:

#### TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes, or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.

Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Cheese Pizza Cheeseburger on a Soft Bun Yogurt & Cereal Plate with String Cheese	Dutch Waffle Cheeseburger on a Soft Bun Yogurt & Cereal Plate with String Cheese	Mini Ravioli Cheeseburger on a Soft Bun Yogurt & Cereal Plate with String Cheese	Popcorn Chicken with a grain side Cheeseburger on a Soft Bun Yogurt & Cereal Plate with String Cheese	Cheese Filled Twisted Breadstick Cheeseburger on a Soft Bun Yogurt & Cereal Plate with String Cheese
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
Chicken Nuggets with a grain side Hot Dog on a Bun Yogurt & Bagel Plate with String Cheese	Asian Chicken with Rice Hot Dog on a Bun Yogurt & Bagel Plate with String Cheese	<b>EARLY RELEASE</b> Cheese Pizza Yogurt & Bagel Plate with String Cheese	Pancakes with Chicken Sausage Hot Dog on a Bun Yogurt & Bagel Plate with String Cheese	Macaroni & Cheese Hot Dog on a Bun Yogurt & Bagel Plate with String Cheese
Monday, April 29	Tuesday, April 30	 <h2>Brain Ticklers</h2> <p>Where do baseball teams get their new uniforms?</p> <p>(Hold the page upside down and read it in a mirror for the answer!)</p>		
Mini Corn Dog Nuggets Cheese Pizza Yogurt & Muffin Plate with String Cheese	Pasta with Meat or Plain Sauce Cheese Pizza Yogurt & Muffin Plate with String Cheese			