

Saturday, April 1st – Tolland High School Register at <u>www.spiritofspring5K.org</u>

Spirit of Spring 5K 12 PM Start Awards – top 3 finishers male & female in each division

Entry Fee -

22 yrs and Under \$10.00 23 yrs and Up \$20.00 (after 3/15 add \$5.00) Families (same household) \$40.00

This is a certified 5K course, and a seeding race for The Manchester Road Race

Kim's 1 Mile Fun Run 11 AM Start

All runners aged 10 and under receive a special award

12 years and under - Free All Others - \$5.00 Donation

Kim's Fun Run

This is a fun one mile running, walking or jogging event offering the opportunity for all entrants from toddlers to grandmothers to shake off the dust from their jogging shoes.

This year's special recognition prizes will be awarded all youth runners aged 10 and under.

- Two Egg hunts 11:45 AM & 12:30 (BYOB Bring Your Own Basket)
- Arts and Crafts Tent for the Kids open 10:00 AM to 1:00 PM Provided by the Albert Schweitzer Club of Coventry High School

All monies raised at this event go directly back into our community through many different avenues, High School Scholarships, Project Graduation, Food & Fuel Banks, Shelters, Youth Athletics and many more. Thank you for your support.

Lions Club of Tolland ● Tolland Knights of Columbus ● The Goldsnider Family of Coventry





Scan QR Code to Register!

Commemorative Race Medalion for all 5K Runners



