Saturday, September 30, 2017



Volunteers are needed for race day AND to send in snacks!

We have over 80 volunteer slots that need to be filled in order to make this race run.

Check out www.cidermillroadrace.org for more details

You can volunteer and still run the Cider Mile or 5K. You can sign-up to volunteer for race day using the website 'SignUp' in three easy steps:

- 1. Click this link to go to our invitation page on SignUp: signup.com/go/NHRvKhK
- 2. Enter your email address: (You will NOT need to register an account on SignUp)
- 3. **Sign up!** Choose your spots SignUp will send you an automated confirmation and reminders.

Note: SignUp does not share your email address with anyone. If you prefer not to use your email address or sign-up online, please contact Cara Singer to be signed up manually.

We also have many hungry mouths to feed!!

We are asking for donations of store bought, individually wrapped:

*CEREAL BARS * RICE CRISPY TREATS * GRANOLA BARS *

Please send in your donations to school the week of September 25th with your child

Questions? Contact Cara Singer— 919-824-9183 (cell/text) or singercara23@gmail.com